



HEARTWORK THERAPIES

PEDRO MORRELL BCST



SOPHIE ANDREWS BCST

Pedro and Sophie bring 25 years of shared experience to their clients.

Working with sensitivity, mind body integration and nurturing touch, the treatment intention is above all else, to assist in a rediscovery of how health feels.

Specialising in stress and trauma resolution and relieving chronic or longstanding pain, Pedro and Sophie's desire is to support you to feel empowered about your healing journey. Their unique and intuitive treatment technique helps the mind and body to work harmoniously, leading to an increase in vitality and the ability to self-heal.

HOW WE WORK

- We offer individual and couple's treatments. You can book both of us if you want to bring relaxation to your group, or just one of us for a personal self-care experience.
- We bring everything needed for a complete spa experience - a heated massage couch (heating optional!), sheets, blankets, covers and supports, organic aromatherapy oils and a choice of music.
- We bespoke each treatment session to your specific needs with the therapies we practise. If there is a specific therapy you are interested to experience, let us know ahead of time so we can ensure we bring the necessary equipment.
- Before your first session we will go through a full health and wellbeing consultation to understand your needs, so we can bespoke your treatment accordingly and work together towards your goals.
- Booking is advised ahead of time to avoid disappointment.

*For 3 bookings we can offer 5 euros discount per treatment
For 4 bookings we can offer 10 euros discount per treatment
For 5 bookings or more we can offer 15 euros discount per treatment*

www.heartworktherapies.com